



Unit 4 Team Sports

Compréhension orale

Comprendre les caractéristiques d'un sport – Niveau B1

■ Listen to 'AMERICAN FOOTBALL' and tick the right answer.

1. What is the most famous football game each year?

- ☐ a. the Georgia-Florida game ☐ c. the Alabama-Auburn game
☒ b. the Super Bowl ☐ d. the Army-Navy game

2. What shape is the football?

- ☐ a. rectangular ☐ b. circle ☐ c. triangle ☒ d. oval

3. Why are there white rings on each end of the football?

- ☒ a. to help players see the ball ☐ c. to help players score
☐ b. to make it look nice ☐ d. to help players run

4. Why do players need protective equipment during the game?

- ☐ a. to make their uniforms fit ☐ c. to see the ball
☒ b. to keep the body safe ☐ d. to make touchdowns

5. Who plays American football?

- ☐ a. professional players ☐ c. high school players
☐ b. college players ☒ d. all of these

6. What do officials do during the game of football?

- ☐ a. watch the game ☒ c. make sure the rules are followed
☐ b. take up tickets ☐ d. kick the ball

7. Which of the following is NOT true?

- ☐ a. The football field is rectangular in shape.
☐ b. The field measures 100 yards long and 53.5 yards wide.
☒ c. The white lines are used to keep players safe.
☐ d. The rest period between the two halves lasts about fifteen minutes.

Script de l'enregistrement

AMERICAN FOOTBALL

The American type of football was developed in the 19th century from soccer and rugby football. Played by professionals, amateurs, college, high school or young children, football in America is one of the most popular sports. It attracts millions of fans each fall and people are very supportive of their favorite teams.

The football playing field is rectangular in shape and measures 100 yards long and 53.5 yards wide. White lines are painted on the playing field to mark off the distances to the end zone. The game is divided into four quarters, each fifteen minutes long. The first two quarters are known as the first half. There is a rest period between the two halves which usually lasts about fifteen minutes.

Each team has eleven players. Each team has offensive players and defensive players. Players are required to wear protective equipment to help keep the body safe during the game. Helmets are worn to protect the head and face area. Pads are worn to protect the shoulders, arms, and legs. Protective equipment must be worn because of the body contact players have during the game.

Officials supervise the game and are considered to be very important to the game of football. They carry whistles and flags and make certain that the rules of the game are followed during the game.

The football is made of leather and is brown in color. It is shaped much like an oval and has white rings near each end of the football. These rings help the players see the ball when it is thrown or someone is running with it. The eight stitches on top of the football help players to grip or hold the ball when throwing or passing.

The most famous football game of the year is the Super Bowl that is played in January or February. It is televised around the world and is watched by millions of people every year.