

# Easy Goals

## SEGPA Palier 1

### Unit 1

p. 4, ex. 1	0'42"
p. 4, ex. 2	0'24"
p. 4, ex. 3	0'41"
p. 4, ex. 4	0'36"
p. 4, ex. 6	0'39"
p. 5, ex. 7	0'20"
p. 5, ex. 8	1'00"
p. 5, ex. 9	0'20"
p. 6, ex. 1	0'31"
p. 6, ex. 2	0'40"
p. 6, ex. 3	0'41"

### Unit 2

p. 8, ex. 1	0'39"
p. 8, ex. 2	1'37"
p. 8, ex. 3	1'11"
p. 8, ex. 4	1'23"
p. 8, ex. 6	2'24"
p. 9, ex. 9	0'48"
p. 9, ex. 10	0'45"
p. 9, ex. 11	0'45"
p. 9, ex. 12	0'56"
p. 10, ex. 1	1'50"
p. 10, ex. 2	0'46"
p. 10, ex. 3	0'44"
p. 10, ex. 5	0'55"
p. 11, <i>Training</i> ex. 1	0'53"
p. 11, <i>Training</i> ex. 3	0'51"

### Unit 3

p. 12, ex. 1	0'48"
p. 12, ex. 2	0'47"
p. 12, ex. 3	0'37"
p. 12, ex. 5	0'30"
p. 12, ex. 7	0'51"
p. 13, ex. 8 & 9	0'50"
p. 13, ex. 10	1'41"
p. 14, ex. 1	0'49"
p. 14, ex. 4	0'32"
p. 15, <i>Training</i> ex. 5	0'47"

### Unit 4

p. 18, ex. 1	0'40"
p. 18, ex. 2	1'08"
p. 18, ex. 3	0'28"
p. 19, ex. 7	0'59"
p. 19, ex. 8	1'07"
p. 19, ex. 10	1'29"
p. 19, ex. 12	0'27"
p. 20, ex. 1	0'27"
p. 20, ex. 2	0'50"

### Unit 5

p. 22, ex. 1	0'57"
p. 22, ex. 2	0'49"
p. 22, ex. 3	0'42"
p. 23, ex. 5	1'01"
p. 23, ex. 6	0'50"
p. 23, ex. 7	0'38"
p. 23, ex. 9	1'08"
p. 24, ex. 1	0'49"
p. 24, ex. 2	0'42"
p. 24, ex. 3	0'58"

### Unit 6

p. 26, ex. 1	1'03"
p. 26, ex. 2	1'37"
p. 26, ex. 3	1'08"
p. 26, ex. 4	3'22"
p. 26, ex. 5	1'41"
p. 27, ex. 7	2'33"
p. 28, ex. 1	2'19"
p. 28, ex. 2	4'44"
p. 29, <i>Training</i> ex. 1	1'36"
p. 29, <i>Training</i> ex. 2	0'53"

**Unit 7**

p. 32, ex. 1	0'36"
p. 32, ex. 2	1'13"
p. 32, ex. 3	0'50"
p. 32, ex. 5	0'19"
p. 33, ex. 7	1'46"
p. 33, ex. 8	1'05"
p. 34, ex. 2	1'01"
p. 35, <i>Training</i> ex. 1	2'44"

**Unit 9**

p. 40, ex. 1	1'04"
p. 40, ex. 2	0'24"
p. 40, ex. 3	1'00"
p. 40, ex. 4 & 5	0'33"
p. 41, ex. 6	0'37"
p. 41, ex. 7	0'44"
p. 41, ex. 8	1'15"
p. 42, ex. 1	0'34"
p. 42, ex. 2	0'34"

**Unit 11**

p. 50, ex. 1	1'29"
p. 50, ex. 2	0'34"
p. 50, ex. 3	0'54"
p. 51, ex. 5	0'27"
p. 51, ex. 7	0'54"
p. 51, ex. 8	0'26"
p. 51, ex. 9	1'07"
p. 52, ex. 2	1'23"

**Unit 13**

p. 60, ex. 1	0'48"
p. 60, ex. 2	0'24"
p. 60, ex. 3	1'33"
p. 61, ex. 5	0'33"
p. 61, ex. 6	1'47"
p. 62, ex. 1	1'28"

**Unit 8**

p. 36, ex. 1	0'35"
p. 36, ex. 2	0'39"
p. 36, ex. 5	0'24"
p. 37, ex. 6	0'24"
p. 37, ex. 8	1'11"
p. 38, ex. 1	1'14"
p. 38, ex. 2	1'15"
p. 38, ex. 3	0'45"

**Unit 10**

p. 46, ex. 1	1'35"
p. 46, ex. 2	0'36"
p. 46, ex. 3	0'57"
p. 46, ex. 4	0'51"
p. 47, ex. 7	1'36"
p. 47, ex. 11	1'50"
p. 48, ex. 1	0'52"
p. 48, ex. 2	0'56"

**Unit 12**

p. 54, ex. 1	0'42"
p. 54, ex. 3	0'49"
p. 54, ex. 4	0'50"
p. 54, ex. 5	1'00"
p. 55, ex. 7	0'40"
p. 55, ex. 9	0'38"
p. 56, ex. 1	0'40"
p. 56, ex. 2	0'32"
p. 56, ex. 3	0'41"
p. 56, ex. 4	0'31"
p. 56, ex. 5	0'58"

**Unit 14**

p. 64, ex. 1	0'54"
p. 64, ex. 2	2'09"
p. 64, ex. 3	1'18"
p. 64, ex. 4	1'00"
p. 65, ex. 5	0'39"
p. 65, ex. 6	0'30"
p. 65, ex. 8	0'48"
p. 65, ex. 9	1'13"
p. 65, ex. 10	3'08"
p. 66, ex. 1	2'14"
p. 66, ex. 2	3'33"

### Unit 15

p. 68, ex. 1	1'23"
p. 68, ex. 2	0'51"
p. 68, ex. 3	0'38"
p. 68, ex. 4 & 5	1'16"
p. 69, ex. 6	0'42"
p. 69, ex. 9	1'50"
p. 70, ex. 1	0'36"
p. 70, ex. 2	0'46"
p. 70, ex. 4	1'39"

### Unit 17

p. 78, ex. 1	0'50"
p. 78, ex. 2	0'33"
p. 78, ex. 4	0'46"
p. 79, ex. 5	0'31"
p. 79, ex. 6	0'42"
p. 80, ex. 1	1'09"
p. 81, <i>Training</i> ex. 21	07"

### Unit 16

p. 74, ex. 1	0'40"
p. 74, ex. 2	0'29"
p. 74, ex. 3	0'40"
p. 74, ex. 4	0'30"
p. 75, ex. 6	0'21"
p. 75, ex. 7	0'21"
p. 75, ex. 9	0'45"
p. 76, ex. 1	0'31"
p. 76, ex. 2	0'37"
p. 76, ex. 3	0'39"
p. 77, <i>Training</i> ex. 2	0'48"

### Unit 18

p. 82, ex. 1	0'54"
p. 82, ex. 2	1'28"
p. 82, ex. 4	0'41"
p. 83, ex. 5	0'52"
p. 84, ex. 1	0'53"